



Hudsonville Track & Field
Distance Sub 4:30 Club in
the open 1600 meters



1. Derek Vrugink	4:17.02	1994
2. Nate Vrugink	4:18.81	2019
3. Taylor Tafelsky	4:21.37	2012
3. Nathan Conkel	4:24.51	2019
4. Dave Ruthven	4:25.7	2000
5. Ryan Malott	4:26.8	2000